

January 17-19, 2025

Hosted by

Arising Stars Gymnastics

Meet Director:

Kim Fuchs Madison /KFSports

USA Sanction Levels 2-10 & KC League all Levels

Meet Facility & Location

St. Joseph's newly renovated 50,000 Sq Ft. Civic Arena 100 N Fourth Street, St. Joseph, MO 64501



Custom Awards:

USA sanction: 50% for each age group,
No groups larger than 25 athletes
Banners for Team placement.
KC League 100% per league rules
Age determined as of 1/19/25

<u>Live scoring</u> available on Mymeetscores.com & Myusagym.com

Gymnast Gift:

USA sanction athletes receive a GK Elite Custom meet leotard KC League gymnasts may order for additional \$35



Color: Raspberry, Purple, Turquoise, yellow & White

Entry Fee & Information:

All USA sanction Gymnasts: \$145

Pre-Register by **September 15** through USA Gymnastics Meet Reservations

Team \$50 per level

KC League gymnasts: \$95

Register thru ScoreKing online by October 15 Team \$20 per team

Payment Deadline October 15th

Mail team roster with check payable to:
Arising Stars Gymnastics
12061 Victory Drive
Country Club, MO 64505

Add, Drops and refunds

Deadline for drops with refund is **November 10**.

Additions and level changes available through **December 15**, discretion of the meet director.

Additional information

Contact Robin Weidmaier arising.stars.gymnastics@gmail.com kfsportskim@gmail.com

Admission: CASH ONLY

Adults 13+: \$15.00

Youth (5-12):& seniors (65+) \$10.00

Children 4 & under: FREE

Free Parking: covered parking garage across the

street from the arena.

Additional information:

Location: St. Joseph Missouri is 35 minutes north of the MCI Kansas City Airport, or 2 hours south of Omaha, Nebraska off 1-29 hwy. Just 2.5 hours southwest of Des Moines, Iowa. The St. Joseph Civic Arena is in the heart of downtown with restaurants within walking distance. Travel within 3 miles of the Arena, new hotels, shopping, family recreational opportunities and the abundance of restaurants available along the Belt hwy.

Refund Drop information: Email must be received by November 10, 2024.

Email to kfsportskim@gmail.com and/or arising.stars.gymnastics@gmail.com

Refund will be mailed to the participants gym after the completion of the meet.

Refund will be minus \$35.00 cost of the leotard. The gymnast will still receive the leotard.

Gymnast gift: Custom Dream Classic tank leotard from GK Elite Sportswear for each USA sanctioned Gymnast when registered by October 15. Registration received after October 15 are subject to availability of size and if time allows for ordering. For proper fit it is recommended that parents check the sizing information at www.gkelite.com. No switching of sizes once the leotards have been ordered. A roster with Leotard sizes needs to be emailed to arising.stars.gymnastics@gmail.com by October 15.

Coaches' Hospitality:

Lunch and Dinner will be available for coaches in our hospitality room.

Quick grab and go breakfast and snacks will be available throughout the day.

On Site meet t-shirts, leotards and other vendors may be available.

Team Challenge: \$100 per team

Grand Prize: 4ft x 6ft x 8in Tumble Trac Pit Pillow

Here are the opportunities to build a score for the team challenge.

The team score is created by earning points from each session.

At the conclusion of each session while awaiting results/awards there will be opportunities to earn points: no more than 2 challenges allowed per session and challenges must be performed by different athletes or coaches. Not counting the handstand contest which will be available to earn points every session.

Coaches must be 18 years or older and cannot be a competing athlete.

Challenges are:

Handstand hold Gymnast: 1 point for each second above 5 seconds— Maximum points 25 (no walking)

Handstand hold Coach: 1 point for each second above 5 seconds— Maximum points 25 (no walking)

Hand walking Gymnast: 50 ft continuous walking the length of vault runway: 25 points (only 1 try)

Hand walking Coach: 50 ft continuous walking the length of vault runway: 25 points (only 1 try)

<u>Re-do score Challenge</u>: The coach chooses a gymnast to redo a bar routine: Points earned by the difference between their score from earlier and the 2nd bar routine. There are 2 opportunities for this challenge (Gymnasts will get a 30 second touch warm-up).

Score challenge: Beam Prior to the start of the session, the coach makes a guess of the gymnasts beam score at the beginning of the session. If coach is within .2 - 10 pts earned. Exact guess earns 25pts

Score challenge: Floor Prior to the start of the session, the coach makes a guess of the gymnasts floor score at the beginning of the session. If coach is within .2 - 10 pts earned. Exact guess earns 25pts

Coaches skill challenges: Standing Back Tuck 10 pts with stuck landing

Cartwheel on Beam 5 pts Glide Kip 10 points

Each session will have a handstand contest for all of the gymnasts & coaches in that session.

The winning gymnast team will receive 10 points. The winning coach's team will also receive 10 points. Gymnasts & coaches may walk.

The goal of our Team challenge is strategize among all your team members and coaches to build a team score. Including the coaches as part of the skills is fun for the gymnasts and parents to see that "Once a gymnast, always a gymnast".

Good Luck to all the teams!

Dream Team Challenge Score Sheet

Team:		
	V01 1000	100

Challenge:	Session	Participant Name	Points Earned
Handstand: Gymnast		De la constant de la	n never filesonical Charles I
1 point for every second over 5 not to succeed 30 seconds		Letter President and	
(Maximum 25 points)			
Handstand: Coach			
1 point for every second over 5 not to succeed 30 seconds			Land Desdiffred Revertible
(Maximum 25 point)		Arry Land B 215 - I arrive	
Hand Walking: Gymnast			
50' Continuous (25 points)			
Hand Walking: Coach			
50' Continuous (25 points)		Course Committee	
Coach skill Challenge:			
Standing back tuck (10 points)			
Coach skill Challenge:			
Cartwheel Beam (5 points)			
Coach skill Challenge:	- Statement		
Glide low bar Kip (10 points)		y eran on	
Score Challenge: Beam			
Gymnast Name:	level (s) e	tering	
Predicted score:			
Score Challenge: Floor	2 54 464	de la seu de la responsable de	L. There is not for the same and the same an
Gymnast Name:	1 KA Tenr	only Yes or No \$100.0	
Predicted score:	All the second of the second o		
Re-Do Challenge: Bars		Gymnast:	I QUAL LAURE
Within .20 10 points		First score:	
Exact score: 25 points	enned to :	2nd Score:	
Re-Do Challenge: Bars		Gymnast:	
Within .20 10 points		First score:	
Exact score: 25 points		2nd Score:	
Handstand contest :	Session 1:		
Gymnast	Session 2:		
10 points possible per session	Session 3;	The same of the sa	of the transport of the
	Session 4:		
	Session 5	Elizabeth de la Contraction de	Frage School Contract
	Session 6:		
Handstand contest:	Session 1:		
Coach	Session 2:		
10 points possible per session	Session 3;		
	Session 4:		
	Session 5 Session 6:		
	3622IOH 0:		
			Total points:



USA Sanctioned Entry Form January 17-19, 2025

USA Gymnastic online Registration Deadline: September 15

Payment Deadline: October 15th

Late Entries will be accepted until December 1st-Add \$10.00

Free Leotard will not be guaranteed with late entry

Refund Deadline: November 10th

Gym Name:	Gym USAG#:	
Gym Address:		
Gym Phone: G	ym Email:	
Contact:	Phone:	
Payment Worksheet:		
# of USA Gymnasts:	X \$145.00	=
USA Team: circle level (s) entering		
2 3 4 5 6 7 8 9 10 Bronze Silv	er Gold Platinum Diamond X \$50.00	=
Team Challenge – USA Team only \	Yes or No \$100.00	
	Total Due:	
Check payable addressed to:		
Arising Stars Gymnastics		
12061 Victory Drive,		
Country Club, MO 64505		

USAG Entries please also go online and register through USAGym.org

Coach Name:	USAG#	Safety Expiration	Background Expiration

Level	DOB	USA#	Leotard Size
			17-19, 2025
Name of the last o		egistrassen Des	divine Constitution I.S.
(1)		I ayament Occalia	Mari Cal Colombia E Allo
			Market Market Liver Name of Sections
	The Park Element I		
	- Shames		
A CONTRACTOR			
	SO Omina		
Coart Reame.			



Kansas City League Entry Form

January 17-19, 2025

Registration Deadline: October 15

Payment Deadline: October 15th

Late Entries will be accepted until December 1st-Add \$10.00

	Refu	nd Deadline: November 10th
Gym Name:		
Gym Address:		
Gym Phone:	_ Gym Email:	
Contact:	Phone:	
Payment Worksheet:		
# of KC League Gymnasts:	X \$95.00	=
KC League Team : circle level (s	entering	
Nickel Bronze Silver Gold Platinum	X \$20.00	
Meet leotard: X \$35.00		=
		Total Due:
Check payable addressed to:		
Arising Stars Gymnastics		
12061 Victory Drive,		
Country Club, MO 64505		
KC League Entries please	also go online and re	gister through Scoreking
Coach Name:		

KC League Gymnast	Level	DOB	Leotard Size (if ordering)